



Rising Sun Race to Rising Star Nolan

After recent placings in the Eaglehawk to Bendigo and several club races, red hot pre-race favorite Jacob Nolan found a couple of extra gears, not just winning the race, but comfortable recording the fastest time for the first time this season.



Nolan ran a great time of 22.38 minutes for the club's toughest race of the year, through the hills of Mandurang Valley.

Nolan didn't have it all his own way in the 6500 metre event, as another youngster Kyle Hilson went for home with 1500 metres to go, only to be caught by the eventual winner at the entrance of the Mandurang Oval. Hilson finished in second place with distance back to Shepparton's Stacey Clarkson in third place.

Nolan also blitzed last year's Club Champion Josh Sait to run this week's fastest time of 22.38 minutes, 25 seconds clear of Sait with Adam Parker's time of 23.21 minutes the next best.

Stacey Clarkson's smashing time of 27.07 minutes earned her fastest female over Lyn Crome 33.26 & Melinda Gilligan 36.29 minutes.

Clarkson also gained maximum points in The Bridge Hotel Open Award, ahead of Adam Parker & Melinda Gilligan.

For the first time, possibly in the club history, no athlete in the Flack Advisory Veterans Award finished in the top five in overall placings, with this week's top points going to sixth placed Terry Crome, seventh placed Mark Purden & eighth placed Rhonda Schultz.

The Bendigo's Original Pie Shop Ladies Award had Stacey Clarkson in first place once again, with Melinda Gilligan second & Rhonda Schultz third.

The only two athletes competing in this week's Liz & Mark Findlay under 23 Award went to the top two over the line, being Jacob Nolan & Kyle Hilson. All other under 23's had an RDO day!

After Bronte Baxter winning last week, it was Bailey Baxter claiming a great win in this week's 1km Children's Race, finishing ahead of Jaymin Boulton, who was second again with the ever improving Ava Stewart in third place. Bree Heiden captured the fastest time recording 3.59 minutes.

Next week's race is the final club run for the season, with Race 12, the 'Carl Barkmeyer Electrics 5000 metre handicap' starting at the LaTrobe University Gym.

The race will run through the foot hills of the One Tree Hill park. Runners to watch will certainly include Stacey Clarkson, Adam Parker, Kyle Hilson, Terry Crome, Melinda Gilligan & Rhonda Schultz.

The Children's Race over 1km will start at 10am, followed by the 6.5km at 10.30am.

Entries will close on the 11th August for the Kyneton Ridges Estate Winery 6500 metres, to be held on 18th August at 11.00am.

With the end of season in sight, our presentation night is also closing in and will be held on Friday 29th August at Bendigo's Famous Shamrock Hotel, so please speak to Bev or Lyn for more information.

For more information about the Bendigo Athletic Club, please contact Club Secretary- Brendan O'Brien 54474764, otherwise check out the CLUB WEBSITE at; www.bendigoathleticclub.org.au

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Rising Sun Hotel 6500 metre results

Jacob Nolan 22.38 (Fastest Time), Kyle Hilson 31.10, Stacey Clarkson 27.07 (fastest Female), Adam Parker 23.21, Melinda Gilligan 36.29, Terry Crome 26.30, Mark Purden 28.39, Rhonda Schultz 38.12, Richard Schultz 34.21, Ben Goode 24.17, Jeremy Boulton 25.52, Geoffrey Graham 32.17, Ryan Shelton 32.08, Scott Baxter 26.00, John Bailey 27.32, Chook Stewart 27.40, Josh Sait 23.03, Brian Watson 25.36, Lyn Crome 33.26, Brendan O'Brien 26.36, Kevin Shanahan 32.34, Steve Emmerson 34.55, Natalie Watson 37.18

Children's 1000 metres

Bailey Baxter 4.11, Jaymin Boulton 4.02 (Fastest Boy), Ava Stewart 4.38, Bree Heiden 3.59 (Fastest Time), Baxter Parker 6.36, Jack Parker 7.32