

SAIT IMPROVES MINUTES TO WIN RUFF RACE AT THE MCG.

After finishing 29th in last week's Bendigo Athletic Club 5000 metre race at the Bendigo Jockey Club, Shepparton's Josh Sait has improved by 2.12 minutes to win race two of the Cross Country season, the Mark Ruff Electrical 5000 metre Handicap.



Sait finished 10 seconds clear of the second placed Greg Hilson, with Lyn Crome third over the line.

Sait ran 17.28 minutes on the hilly course which started from the Mandurang Cricket Ground, to be second fastest of the 38 runners, behind Josh Nolan, who stopped the clock in 17.04 minutes.

Third fastest time went to former Club Champion Phil Noden in 17.42 minutes.

Hilson claimed maximum points in the RetireInvest Veterans Award, ahead of Crome & Kerrieanne Hocking.

Hocking was the Fastest Female on the course recording a time of 22.22 minutes.

In the Bendigo's Original Pie Shop Award for the top womens placings, Lyn Crome was first, Hocking second, with Rhonda Schultz gaining third placed points.

Josh Sait also claimed the top points in the Liz & Mark Findlay Under 23 award, ahead of Josh Nolan & Jesse Noden.

Shepparton's Xavier Hutchison had a great win in the 1km Children's Race, running a time of 4.58 minutes to defeat fastest time runner Tom Noden 3.47 minutes, with Amila Carlile in third place.

Fastest female time went to Gabrielle Kleyn in 4.40 minutes.

Next Sunday's racing will be the Kel Pell 6500 metre Handicap, being run at the Bendigo Livestock Exchange in Huntly.

The Children will again run over 1000 metres starting at 10.00am, followed by the 6500 metre event at 10.30am.

The following week, June 5th, is Race 4 of the BAC season, to be run 8000 metres at Woodlands Historical Park, Bulla, in Melbourne.

The race valued at \$1600.00, will include \$800 for the winner &/or \$100 for the 1st Bendigo runner.

Incorporated into the event is the VM & HM Dreschsler 8000 metre Sealed Handicap for Bendigo runners only, which includes prizemoney of a further \$280.00.

Athletes intending to compete at Woodlands need to put their name on the list provided at the Huntly race this week.

New runners who would like to run this week should turn up at least 20 minutes prior to the start of their event.

Any athletes 14 years and older can run in the long distance event of the day.

Standard club membership fees are already at a very reasonable price of \$70.00, but all new members or anyone who hasn't been a member in the past two years or anyone under the age of 21 can register for just \$10.00.

For the under 16 junior 1km race, a \$10 membership fee will cover the entire season.

For more information about the Bendigo Athletic Club, please contact Club Secretary- Mark Findlay 54440040 or 0417 556738, otherwise check out the CLUB WEBSITE at: www.bendigoathleticclub.org.au

Mark Ruff Electrical 5000 metre Handicap

Josh Sait 17.28, Greg Hilson 18.18, Lyn Crome 23.20, Kerrieanne Hocking 22.22 (Fastest Female), Brendan O'Brien 18.08, Josh Nolan 17.04 (Fastest Time), Austin Beamish 21.08, Wolf Heiden 21.05, Bill Makeham 21.24, Phil Noden 17.42, John Rose 20.44, Peter Noden 18.45, Paul Bennett 19.47, Mark Stevens 23.08, Rob McDonald 19.39, Rod Skidmore 24.14, Mark Findlay 21.54, Jesse Noden 19.26, Andrew Sait 22.34, David Kane 22.27, Allan Corbett 23.29, John Bailey 21.41, Chook Stewart 20.59, Peter LeBusque 20.35, Jeremy Boulton 20.53, Lachlan Knowles 22.34, Tony Sait 22.39, Kevin Shanahan 21.48, Anthony Hutchison 20.29, Lachlan Shelton 21.35, Jessica O'Hara 23.21, Chris Panayi 23.51, Courtney Shelton 26.04, Craig O'Hara 27.03, Rhonda Schultz 30.07, Doug Tuhan 24.54, Grant Findlay 24.07, Steve Butler 33.00

Children's 1000 metres

Xavier Hutchison 4.58, Tom Noden 3.47 (Fastest Time), Amila Carlile 4.43, Josh Doherty 4.40, Daniel Noden 6.06, Kyle Hilson 4.38, Gabrielle Kleyn 4.40 (Fastest Female), Ava Stewart 6.32, Madeleine Kleyn 5.36, Jed Bibby 6.17