



ROSEY RUNS RIOT AT RIFLE RANGE

Nothing less than a win on Sunday morning would have been good enough to get John Rose through to next week's Bendigo Athletic Club's Dick Kitt Final and that's what he did.

Running in the Baker's Delight/Gloria Jean's Coffees 5000 metres at the Wellsford Rifle Range, Rose ran a superbly timed race, running past Lucy Booker, Austin Beamish & Kathryn Heagney in the concluding stages to win by 12 seconds in a time of 19.17 minutes, Austin Beamish ran on well for second, with Jeremy Boulton running into third place.

Just back from the becoming the World 400 metre Champion at the World Masters Games in Sacramento, USA, for over 60's, Kathryn Heagney showed her versatility finishing 4th overall in 24.15 minutes.

Being her first run of the season in the last race, Heagney did not qualify to score points, therefore, Lucy Booker was officially first in the Bendigo's Original Pie Shop Female section, ahead of Lyn Crome & Rhonda Schultz.

Lyn Crome was fastest female of the day in 21.54 minutes ahead of Kerrieanne Hocking & Jessica O'Hara.

Fastest Time of the day was Josh Sait in 16.31 minutes, with Greg Hilson second fastest ahead of Rick Ermel.

Ermel has showed a return to form in the past two weeks, being the fastest over 50 last week & finishing in the top ten this week, for the first time this season.

John Rose also topped the points in the Flack Advisory Veteran's Award, ahead of Austin Beamish & Mark Findlay.

Apart from claiming overall fastest time honours, Josh Sait also was the first under 23 to finish, gaining maximum points in the Mark & Liz Findlay Award, ahead of Allan Colbert & Andrew Sait.

Next week is the season finale, the 'Flack Advisory' Dick Kitt 6500 metres, starting at 10.30am at the Bendigo Livestock Exchange at Huntly.

Only the top 20 points scorers from the twelve club races go through to the final, however 6 people were tied on 100 points meaning a final field of 23 starters.

Flack Advisory Dick Kitt Finalists are;

Kerrieanne Hocking 130, Greg Hilson 128, Lyn Crome 128, Wolf Heiden 124, Josh Sait 115, Allan Colbert 115, Mark Perdon 115, Jesse Noden 111,



Austin Beamish 108, John Rose 106, Brendan O'Brien 106, Andrew Sait 105, Lachlan Knowles 105, Jeremy Boulton 104, Mark Stevens 103, Mark Findlay 103, Peter Noden 101, Peter LeBusque 100, Rhonda Schultz 100, Shane Hatley 100, Tony Sait 100, Kevin Shanahan 100, Anthony Hutchison 100.

The final children's race of the season, turned out to be one of the best, with Jaymin Boulton scoring a narrow victory in 4.13 minutes, over Daniel Noden & Erin Hilson. Kyle Hilson ran the fastest time of 3.59 minutes, with younger sister Erin Hilson the fastest girl in 4.07 minutes.

The Children's presentation day will be held at the Bendigo Athletic Club rooms at Tom Flood Sports Centre at 12.30pm, next Sunday, 28th August, following the Dick Kitt Final.

The club's senior presentation night will be held from 6.30pm on Saturday 3rd September at the Quality Inn Colonial, High Street, Golden Square; cost is \$35.00 per head, for bookings, please catch up with Bev Watson or Lyn Crome, or ring Lyn on 54438686.

The Club's Annual meeting will be held on Wednesday 7th September from 7.30pm at the BAC Rooms at Tom Flood Sports Centre.

For more information about the Bendigo Athletic Club, please contact Club Secretary-Mark Findlay 54440040 or 0417 556738, otherwise check out the CLUB WEBSITE at; www.bendigoathleticclub.org.au

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Baker's Delight/ Gloria Jean's Coffees

5000 metre Handicap results

John Rose 19.17, Austin Beamish 20.24, Jeremy Boulton 18.57, Kathryn Heagney 24.15, Mark Findlay 20.30, Lucy Booker 23.46, Peter LeBusque 19.14, Rick Ermel 18.05, Lyn Crome 21.54 (Fastest Female), Brendan O'Brien 18.12, Mark Stevens 21.24, Kevin Shanahan 20.15, Anthony Hutchison 20.15, Anthony Hutchison 19.07, John Bailey 20.49, Rhonda Schultz 27.30, Greg Hilson 17.32, Mark Perdon 21.03, Paul Bennett 19.45, Rod Skidmore 23.48, Shane Hatley 20.15, Wolf Heiden 20.24, Josh Sait 16.31 (Fastest Time), Kerrieanne Hocking 22.07, Ryan Shelton 22.40, Allan Colbert 20.43, Tony Sait 21.52, Andrew Sait 19.50, Lachlan Knowles 20.07, Chris Panayi 24.21, Dane Heiden 22.23, Jessica O'Hara 23.41, Andrew Lovett 25.05

Children's 1000 metres

Jaymin Boulton 4.13, Daniel Noden 5.25, Erin Hilson 4.07 (Fastest Girl), Arabella Findlay 4.59, Amila Carlile 4.12, Kyle Hilson 3.59 (Fastest Time), Matthew Noden 4.17, Eric Lovett 5.11, Josh Doherty 4.18, Harry Findlay 4.25, Bree Heiden 4.29, Xavier Hutchison 4.45, Sydney Findlay 4.32, Ava Stewart 5.33